

The Mother shares in the Agenda about the inner process of expansion and its significance:

“I know that at a certain moment I was making the distinction between the two states, between the person – the individual, personal being – turning towards the Lord, imploring Him to reveal His Will, and then this experience of becoming – by extending oneself, by opening, by enlarging, by merging into the creation – of BECOMING the Will of the Lord, the Supreme’s Will. No longer any need to implore Him, to ‘know’ His Will and receive it like something foreign to you – you become that Will.

The experience was there at that moment, and it was eloquent enough.”



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“And I was giving him the example of BEING the thing you manipulate and so – since you ARE the thing – having not only the joy of perfect knowledge of manipulation, but the joy of collaboration as well (not collaboration: rather a participation from the thing being utilized). And this from the smallest thing (objects you put in order, for example) right up to the universal transformation that comes with the new Creation – and it’s all **the same movement of abolishing limits, the movement of expansion, of a generosity that abolishes limits. It begins with self-giving, it ends in identification.**”



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Our Insights

- For those who love deeper body work it seems to be extraordinarily important to practice the Universal or Divine process of Expansion and Condensation.
- This is easier to do in the mind level now. In fact much of the progress of technology has been abolishing limits and expanding our mind.
- We need to practice this at vital life energy, expansion of prana and expansion & condensation at the subtle substance of our body levels.
- Let us each discover this inner process. Pay attention to The Mother's description of expansion as generosity that abolishes limits.

