Life Beyond Addictions

An online workshop for all age groups

4 Online Sessions plus
1 one to one online session

Online Sessions: 7th, 14th,
21st and 28th December 2026

7.30 pm to 9 pm

Facilitator: Arul Dev



Precious drops of creative energy get wasted.

Outer senses get hooked. Inner senses get bombarded.

Your Creativity is killed.

Your energy is drained.

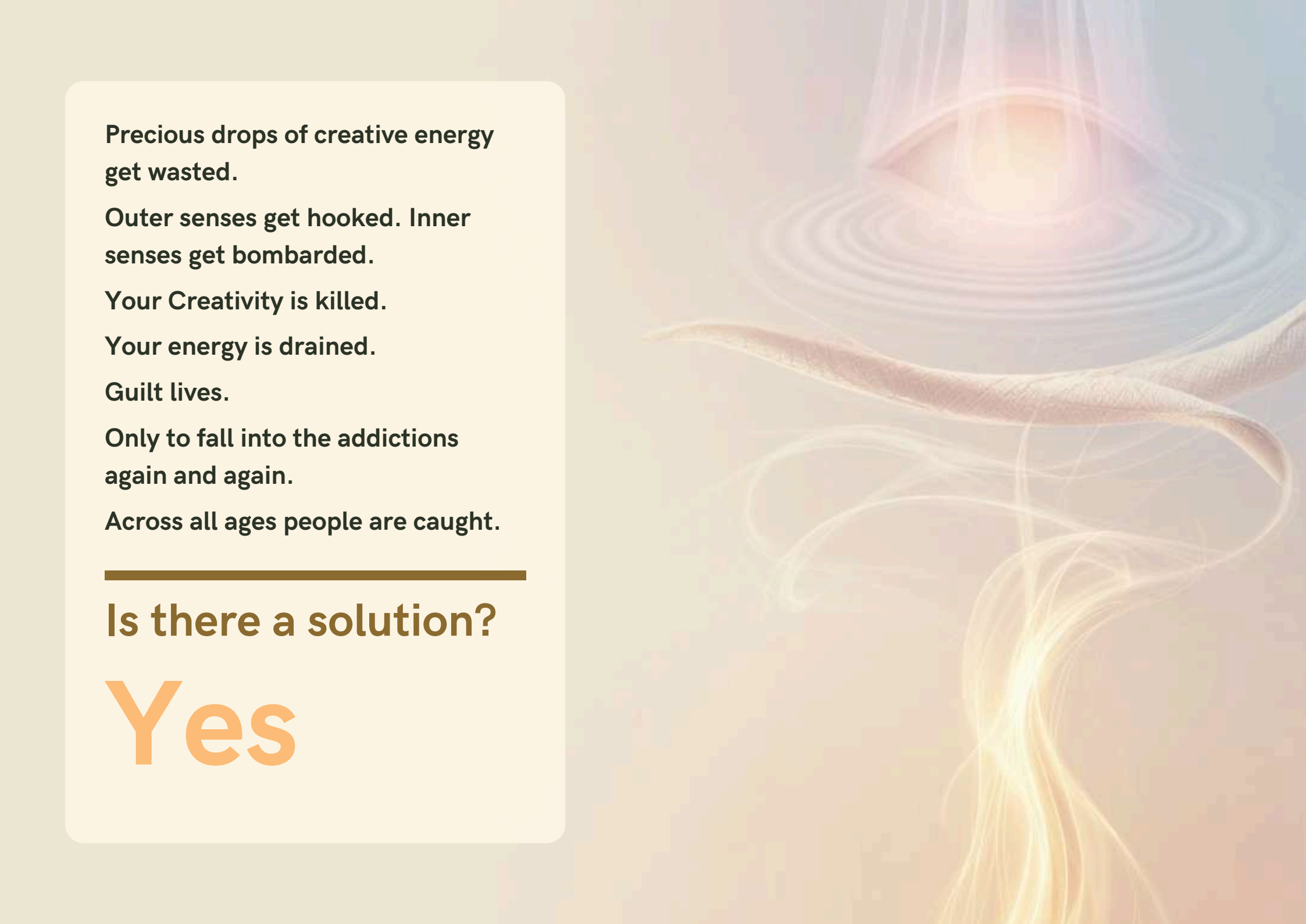
Guilt lives.

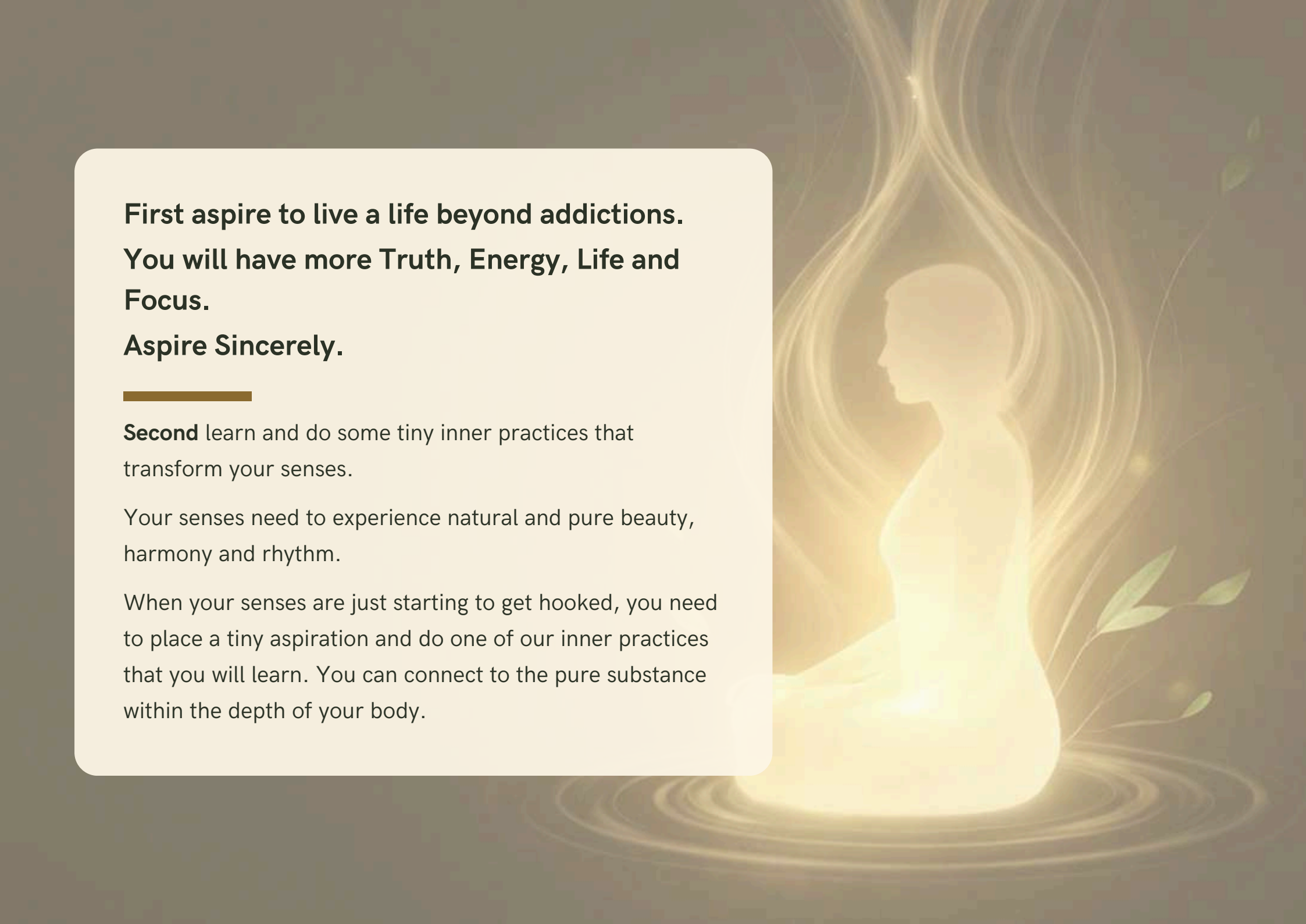
Only to fall into the addictions again and again.

Across all ages people are caught.

Is there a solution?

Yes





First aspire to live a life beyond addictions.

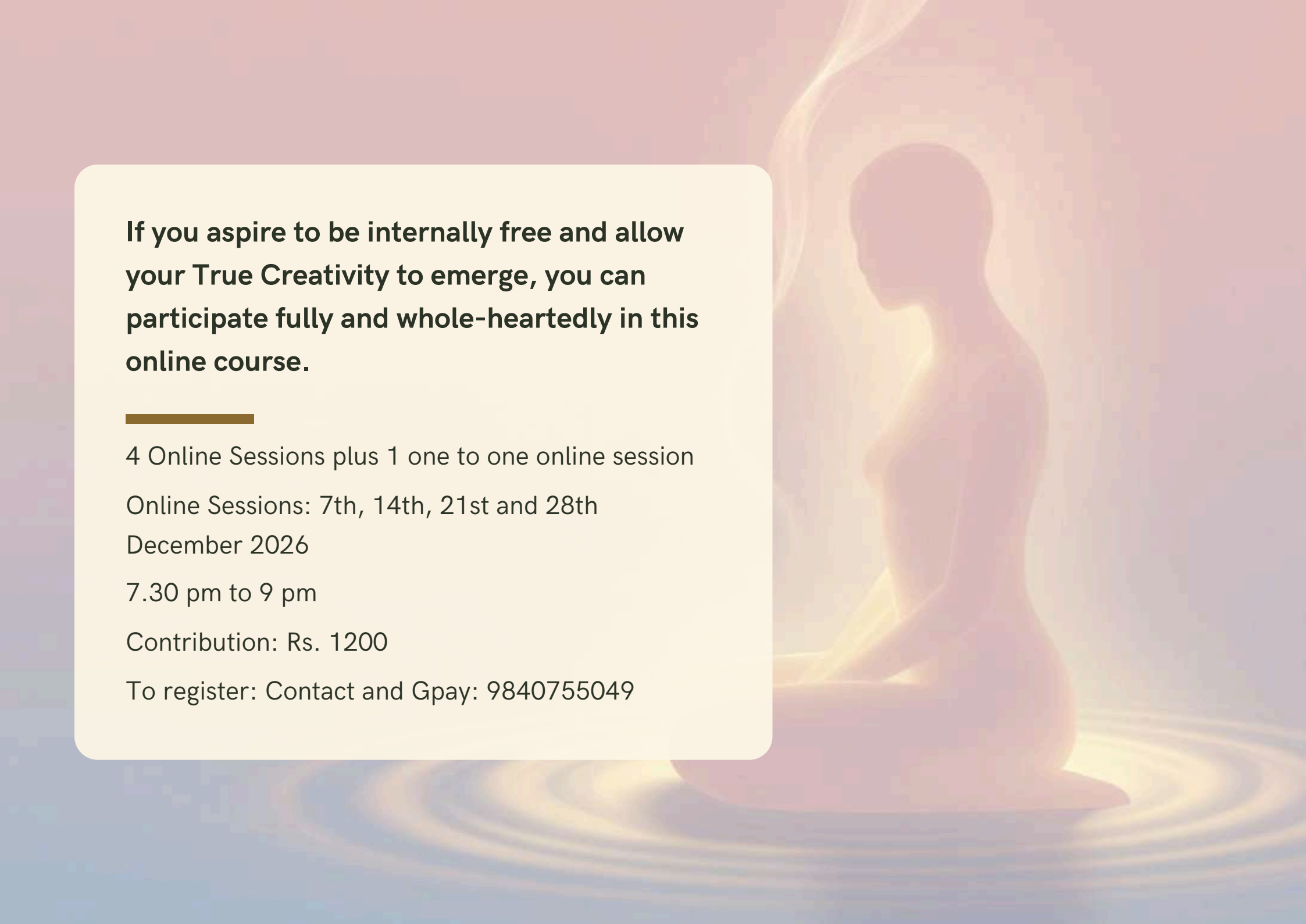
You will have more Truth, Energy, Life and Focus.

Aspire Sincerely.

Second learn and do some tiny inner practices that transform your senses.

Your senses need to experience natural and pure beauty, harmony and rhythm.

When your senses are just starting to get hooked, you need to place a tiny aspiration and do one of our inner practices that you will learn. You can connect to the pure substance within the depth of your body.



If you aspire to be internally free and allow your True Creativity to emerge, you can participate fully and whole-heartedly in this online course.

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Contribution: Rs. 1200

To register: Contact and Gpay: 9840755049

FACILITATOR: ARUL DEV

Arul consults and coaches aspiring Conscious leaders in the Development of their culture, people and aligned growth and expansion. He facilitators retreats for Leaders and their core group on Inner Transformation and Inside-Out aligned change.

Arul is the Founder CEO of People First Consultants - a niche Talent Hiring and Leadership Coaching firm.

Arul facilitates retreats in Deeper Body Work, Coaching with Ease, Delight Matrix Sadhana and Discovery of Golden Purpose.

He guides teachers and principals to form schools and colleges that facilitate Holistic Education and Integral Development of students.

He is the author of 3 books - Into Great Depth of your Being, The Flame Within and Integral Sadhana - It’s the Body’s Turn Now.

He is preparing to play a role to contribute to India to support Her children to connect to Her soul and bring out Her contributions into the world.

